

HOME > PROGRAMS AND SERVICES

# How to Access Services

Community Living Toronto supports people of all ages and their families. Find the programs that are right for you based on where you are in life — and learn how to take the first step.



**Important:** All applications for government-funded adult (18+) programs must go through Developmental Services Ontario (DSO) — the provincial gateway for funded developmental services. Some programs for children, youth, and families can be accessed directly through CLTO. Access pathway is noted on each program below.



## Kids

Support at home, school, and in the community for children with an intellectual disability

<p><b>Early Childhood Services</b></p> <p>DIRECT ACCESS</p> <p>Early learning and childcare programs for children birth to age 12 across Toronto.</p> <p><a href="#">Learn More →</a></p>	<p><b>Education Consultation &amp; Supports</b></p> <p>DIRECT ACCESS</p> <p>Free consultation for children and youth up to age 21 experiencing difficulties at school.</p> <p><a href="#">Learn More →</a></p>	<p><b>Specialized Resource Homes</b></p> <p>VIA PLACING AGENCY</p> <p>Supported living for children with an Autism Spectrum Disorder diagnosis and complex needs.</p> <p><a href="#">Learn More →</a></p>
<p><b>Shadow Lake Centre</b></p> <p>DIRECT ACCESS</p> <p>Year-round camp experiences for people with special needs in Stouffville, ON.</p> <p><a href="#">Learn More →</a></p>	<p><b>Respite</b></p> <p>DSO REFERRAL</p> <p>Temporary relief for families and caregivers of children with an intellectual disability.</p> <p><a href="#">Learn More →</a></p>	<p><b>Person-Directed Planning</b></p> <p>DIRECT ACCESS</p> <p>Personalized planning support to help children and families identify goals and choices.</p> <p><a href="#">Learn More →</a></p>



## Youth

Education, career planning, and community participation for young people transitioning to adulthood

<p><b>Employment Services</b></p> <p>DIRECT ACCESS</p> <p>Job search support, skills training, and employer connections for youth with an intellectual disability.</p> <p><a href="#">Learn More →</a></p>	<p><b>Education Consultation &amp; Supports</b></p> <p>DIRECT ACCESS</p> <p>Free school-based consultation and support for youth up to age 21.</p> <p><a href="#">Learn More →</a></p>	<p><b>IOPEN</b></p> <p>DIRECT ACCESS</p> <p>On-campus post-secondary experience at Centennial College for people with an intellectual disability.</p> <p><a href="#">Learn More →</a></p>
<p><b>STEP UP</b></p> <p>VIA DSO / COTA</p> <p>Supported living for youth transitioning from shelter and child welfare systems to adult services.</p> <p><a href="#">Learn More →</a></p>	<p><b>Trying-It-On-For-Size (TIFS)</b></p> <p>DIRECT ACCESS</p> <p>Short-term program to explore different living and work arrangements before committing.</p> <p><a href="#">Learn More →</a></p>	<p><b>Respite</b></p> <p>DSO REFERRAL</p> <p>Temporary caregiver relief for families supporting youth with an intellectual disability.</p> <p><a href="#">Learn More →</a></p>



## Adults

Housing, employment, and community participation for adults 18 and older

<p><b>Supported Living</b></p> <p>DSO REFERRAL</p> <p>Group living, supported independent living, and individualized housing options across Toronto.</p> <p><a href="#">Learn More →</a></p>	<p><b>LifeShare</b></p> <p>DSO REFERRAL</p> <p>Adults matched with a host family who provides a home, support, and life skills training.</p> <p><a href="#">Learn More →</a></p>	<p><b>Community Participation Supports</b></p> <p>DSO REFERRAL / FEE-FOR-SERVICE</p> <p>Meaningful community activities from 7 locations. Funded and fee-for-service options available.</p> <p><a href="#">Learn More →</a></p>
<p><b>Employment Services</b></p> <p>DIRECT ACCESS</p> <p>Job search support, MyJobMatch, Project Search Toronto, and social enterprise opportunities.</p> <p><a href="#">Learn More →</a></p>	<p><b>Adult Protective Service Workers</b></p> <p>DIRECT ACCESS</p> <p>Case management and community support for adults 18+ living independently.</p> <p><a href="#">Learn More →</a></p>	<p><b>Respite</b></p> <p>DSO REFERRAL</p> <p>Temporary relief for caregivers of adults with an intellectual disability.</p> <p><a href="#">Learn More →</a></p>



## Families

Tools, resources, and community connections for families and caregivers at every stage

<p><b>Family Support Coordination</b></p> <p>DSO REFERRAL (ADULTS)</p> <p>Goal-oriented support for people living with family or in Long-Term Care who need an advocate.</p> <p><a href="#">Learn More →</a></p>	<p><b>Community Engagement</b></p> <p>DIRECT ACCESS</p> <p>Parent Share, Sibshops, Moms Group, Dads Group, and peer networks for families.</p> <p><a href="#">Learn More →</a></p>	<p><b>FamilyLink</b></p> <p>DIRECT ACCESS</p> <p>An online community group for parents and caregivers to connect, share, and support each other.</p> <p><a href="#">Learn More →</a></p>
<p><b>MyCommunityHub</b></p> <p>DIRECT ACCESS</p> <p>Online registration platform for programs and services offered by developmental service providers.</p> <p><a href="#">Learn More →</a></p>	<p><b>MyDirectPlan</b></p> <p>DIRECT ACCESS</p> <p>Digital tool to manage Passport funding, submit invoices, and track support worker hours.</p> <p><a href="#">Learn More →</a></p>	<p><b>ConnectABILITY.ca</b></p> <p>DIRECT ACCESS</p> <p>Online resource library for people with an intellectual disability, their families, and support networks.</p> <p><a href="#">Learn More →</a></p>

### FUNDING SUPPORT

## Individualized Passport Supports

The Passport Program is a Ministry of Children, Community and Social Services (MCCSS) funding initiative — separate from service access — that helps adults 18+ with a developmental disability participate in their communities.



MINISTRY OF CHILDREN, COMMUNITY AND SOCIAL SERVICES

### What Passport Funding Can Be Used For

People with intellectual disabilities and their families may receive direct funding to purchase supports and services, or access services through community-based organizations like CLTO.

Passport funding can support community participation, caregiver respite, personal support workers, assistive technology, and transportation.

[Learn More at DSO Ontario →](#)

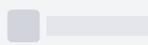


PHOTO — PERSON REVIEWING FUNDING OR USING A TABLET. CONVEYS INDEPENDENCE AND SELF-MANAGEMENT.

## Not Sure Where to Start?

Our team is happy to help you find the right program. Use our contact form and a staff member will follow up within 2 business days.

[Contact Us →](#)



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### LAND ACKNOWLEDGMENT

Community Living Toronto supports people with intellectual disabilities and their families to lead inclusive lives in their community. Community Living Toronto supports people with intellectual disabilities and their families to lead inclusive lives in their community.

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